

# Vaccinations and Immunocompromised Children

Donna Curtis, MD, MPH  
Colorado Children's Immunization Coalition  
Children's Hospital Colorado  
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# Disclosures

- I am involved in a study of the shedding and safety of the live-attenuated influenza vaccine (Flumist) in HIV-infected children, I receive a small percentage of salary support as part of a larger grant from MedImmune
- Sanofi-Pasteur provides vaccine and one laboratory assay for a study I am doing on high-dose influenza vaccine in immunocompromised children
- Some of the guidelines I will discuss include off-label (non-FDA-approved) use of vaccines

# Learning Objectives

- Understand basic principles in vaccinating immunocompromised children
- Increase understanding of when it is safe to use live-virus vaccines in certain immunocompromised children
- Know which vaccines have specific indications for certain immunocompromised children
- Develop a general understanding of travel-related vaccines and which ones are safe in immunocompromised children

# Outline

- Basic concepts, Background information
- Live Virus Vaccines
- Vaccines with indications specifically for immunocompromised
- Disease/Condition-specific vaccine information
- Travel

# **BASIC CONCEPTS, BACKGROUND**



**ACIP**

## Resources



- CDC schedule “Recommended Vaccinations Indicated for Adults Based on Medical and Other Indications”
  - Immunocompromising conditions (incl HIV), Pregnancy, MSM, Heart dz, Asplenia, Chronic Liver dz, Kidney failure/ESRD/on dialysis, Diabetes, Health-care personnel
  - FYI: The Catch-Up schedule lists the minimum intervals b/w vaccines and minimum ages
- Am J Transplantation Jan 2013 Supplement, entire volume dedicated to ID incl vaccination recs for SOT
- “2013 IDSA Clinical Practice Guideline for Vaccination of the Immunocompromised Host
- WHO “International Travel and Health: Chapter 9 Special Groups of Travellers”

# Immunocompromise is common

- In the US, there are >76,000 children/youth age 13-24 with HIV (CDC, 2011 data)
- >14,000 diagnoses of cancer each year in 0-19 year-olds (CDC, 2005-2009 data)
- Many more on immunosuppression for rheumatologic diseases, IBD, or other autoinflammatory conditions
- Handful of kids with primary immunodeficiencies

# Why do we all need to know this?

- There are a lot of immunocompromised patients out there, we will all care for them
- Vaccines are an opportunity to prevent an illness, but they aren't without risk
- Care for complicated patients can be fractured and as a group they are not as well immunized
  - All care providers need to work together to vaccinate
- We also can recommend vaccinations for family/household members

# Who is responsible for vaccinating immunocompromised children?

- A. PCP
- B. Specialist
- C. Both – they need to communicate and create a plan
- D. A different model

# And the answer is...

- There's no right answer
- I think a model that promotes the medical home and keeps the PCP actively involved is the best
  - PCPs are the vaccine experts
  - But specialists should understand risks/benefits of certain vaccines with respect to the child's specific condition/treatment
- Some children are so complicated that they'll require an individualized solution

**HOW DO I KNOW HOW  
IMMUNOSUPPRESSED A CHILD IS?**

## Definitions of High- and Low-Level Immunosuppression (adapted from IDSA Guidelines)

- High-level immunosuppression:
  - With combined primary immunodeficiency disorder (eg, severe combined immunodeficiency)
  - Receiving cancer chemotherapy
  - Within 2 months after solid organ transplantation
  - HIV-positive with CD4 count  $<200$  cells/mm<sup>3</sup> for adults and adolescents and percentage  $<15\%$  for infants and children

# Definitions of High- and Low-Level Immunosuppression (adapted from IDSA Guidelines)

- High-level immunosuppression:
  - Receiving daily corticosteroid therapy of  $\geq 20$  mg (or  $> 2$  mg/kg/day for  $< 10$ kg) of prednisone or equivalent for  $\geq 14$  days
  - Receiving a biologic immune modulator that is a TNF-alpha blocker or rituximab.
    - NOTE – this is an ever-increasing group of medicines, they are not all equally immunosuppressive

## Definitions of High- and Low-Level Immunosuppression (adapted from IDSA Guidelines)

- Low-level immunosuppression:
  - Asymptomatic HIV-positive patients with CD4 count 200–499 cells/mm<sup>3</sup> for adults and adolescents and percentage of 15%–24% for infants and children
  - Receiving a lower daily dose of systemic corticosteroid than for high-level immunosuppression for  $\geq 14$  days or receiving alternate-day corticosteroid therapy
  - Receiving methotrexate  $\leq 0.4$  mg/kg/week, azathioprine  $\leq 3$  mg/kg/day, or 6-mercaptopurine  $\leq 1.5$  mg/kg/day.

# Definitions of High- and Low-Level Immunosuppression (adapted from IDSA Guidelines)

- After HSCT:
  - Duration of high-level immunosuppression is highly variable
  - Depends on:
    - type of transplant (longer for allogeneic vs. autologous)
    - type of donor
    - stem cell source, and
    - post-transplant complications such as GVHD and their treatments.

# **GENERAL CATEGORIES OF VACCINES AND THE IMMUNE RESPONSE**

# Types of vaccines by immune response

- Inactivated virus, protein, toxoid, protein conjugate, viral-like-particles
- Polysaccharide
- Live-attenuated

# Which of the following describes the immune response to polysaccharide vaccines?

- A. Eventual development of high affinity antibodies
- B. No development of memory immune response
- C. T-cell mediated
- D. Better than non-polysaccharide vaccines for  $\geq 2$ yo
- E. All of the above
- F. None of the above

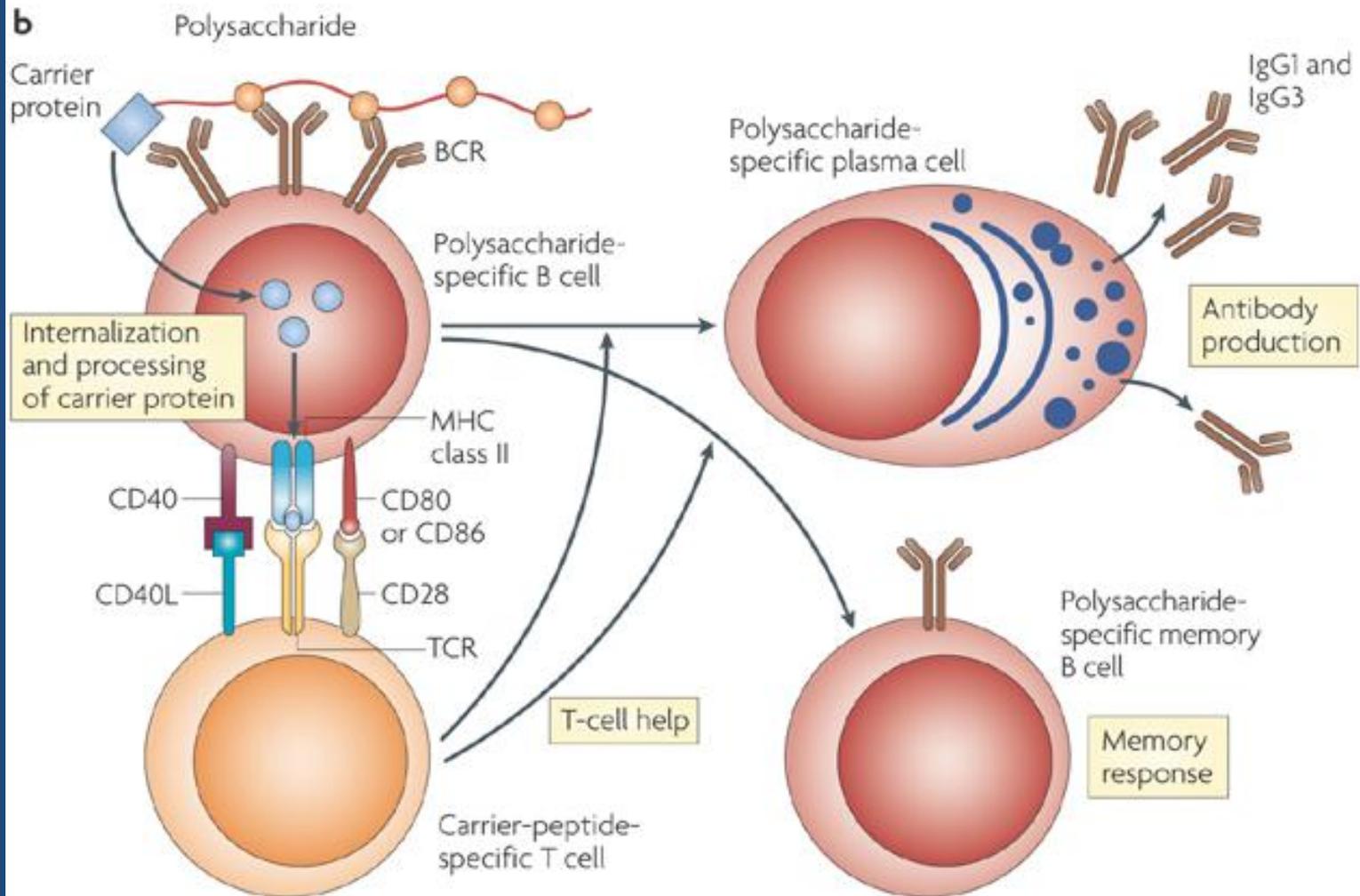
# Why do we not routinely give live-virus vaccines to children under 12 months?

- A. They primarily have T-cell dependent immunity
- B. They don't have marginal-zone B cells
- C. Maternal antibodies can interfere
- D. Immature immune systems mean higher chance of vaccine-related adverse events
- E. All of the above
- F. None of the above

# Non-polysaccharide vaccines

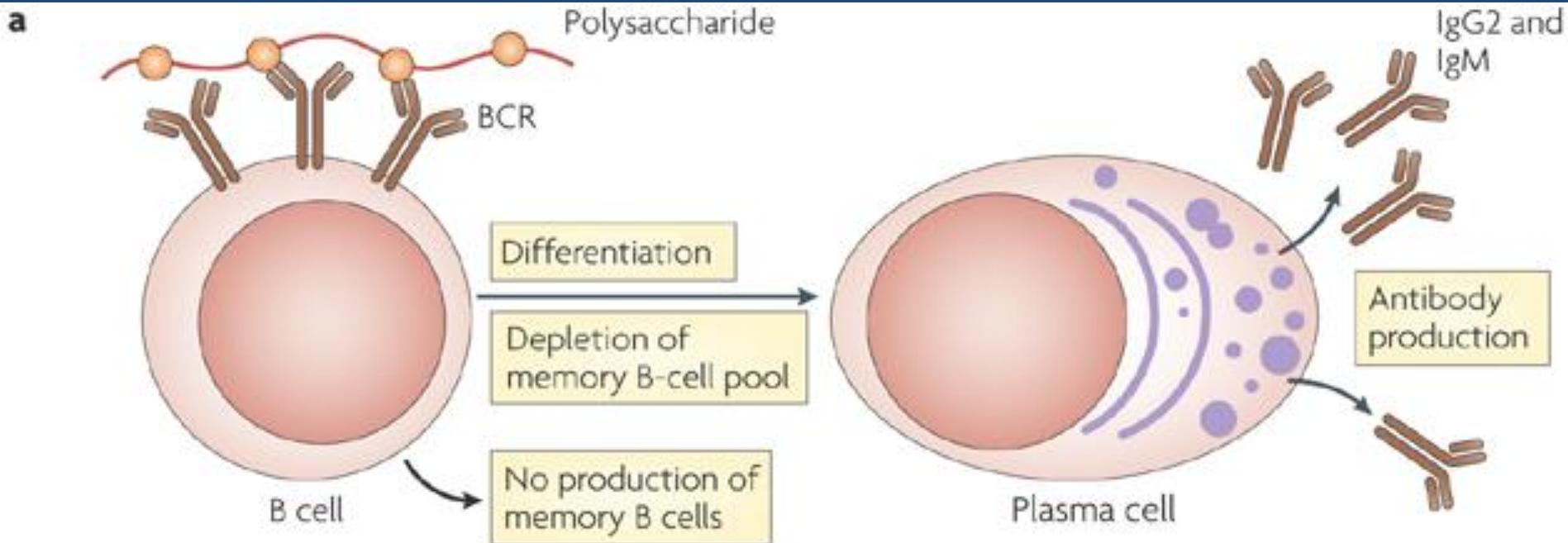
(example of protein-conjugated polysaccharide vacc)

Nat Rev Immun 9, 213-220 (March 2009)



# Polysaccharide vaccines

Nat Rev Immun 9, 213-220 (March 2009)



# Live-attenuated vaccines

- Compared to inactivated:
  - Virus enters body and replicates
  - Replication leads to higher antigen content
  - Replication leads to more prolonged antigen persistence (giving time to develop immune response)
  - Greater intensity of innate responses
  - Replication leads to MHC I and II presentation of antigen and improved memory immune response
  - Usually leads to higher antibody responses

# **GENERAL RULES REGARDING TIMING OF VACCINATIONS**

# Timing of vaccinations

- *Vaccinate early and vaccinate often*
- If possible, vaccinate prior to immunosuppression
  - Pediatrics: Many vaccines are approved to younger ages than recommended on the CDC schedule (e.g. HPV approved to 9 yo)
- Inactivated:
  - Avoid within 2 weeks of initiation of immunosuppression
- Live:
  - Avoid within 4 weeks of initiation of immunosuppression

# When to Delay Vaccines

- This is for non-live vaccines that are indicated by age and/or condition
- Delaying vaccines would be indicated:
  - If patient is severely immunosuppressed → poor immune response and may be futile
  - If patient is immunosuppressed but there is a foreseeable time in the future when the patient will be on lower or no immunosuppression
- A vaccine can always be repeated/boosted in the future

**HOUSEHOLD MEMBERS,  
“COCCOONING” OUR VULNERABLE  
PATIENTS**

## Household members of immunocompromised

- Should receive all age-appropriate vaccinations according to CDC schedules
  - Including: Rota, MMR, VAR, MMR-V, Zostavax
  - Also travel: Yellow Fever, Oral Typhoid
- Should receive yearly influenza vaccine
  - Avoid live-attenuated influenza vaccine if there is a patient with: SCID, w/in a few months of BMT or post-BMT with GVH

## Household members of immunocompromised

- Should NOT receive oral polio or smallpox vaccines
- Immunocompromised indivs should avoid:
  - (For severely immunocompromised) Changing diapers w/in 4 weeks of rotavirus vaccination in babies (transmission has never been documented even though shedding is well-documented)
  - Avoid contact with VAR/ZOS recipient who develops skin lesions after vaccination until lesions heal

**A COUPLE MORE POINTS...**

# Miscellaneous

- Influenza vaccine:
  - Everyone should get yearly influenza vaccines
  - Avoid live-attenuated influenza vaccine (LAIV) in most immunocompromised people
- Vaccines have not been shown to be associated with rejection post-transplant, GVH post-BMT, or with exacerbation of inflammatory conditions

# LIVE VIRUS VACCINES

6-yr M with h/o of severe atopic dermatitis since birth, eosinophilic esophagitis with peripheral eosinophilia, RAD, multiple severe food allergies w/anaphylaxis, history of 3 HSV/Zoster skin infections after oral steroid treatments, has only had one VZV/MMR at 12 mos of age. Would you give him a booster?

- A. Yes, VZV only
- B. Yes, MMR only
- C. Yes, both VZV and MMR
- D. No

3yr 3mo M with autoimmune hepatitis is being evaluated for a liver transplant (not yet listed). He is up-to-date on all his age-appropriate vaccines. Would you vaccinate with VAR or MMR?

- A. Yes, VZV only
- B. Yes, MMR only
- C. Yes, both VZV and MMR
- D. No

12-mo F, in your practice since birth, doing well without medical problems, normal growth and development. Family history negative except that her (now) 9-yo sister had bacterial meningitis at 12-mos of age and is completely fine now?

- A. Yes, VZV only
- B. Yes, MMR only
- C. Yes, both VZV and MMR
- D. No

1<sup>st</sup> case, 6-yo, presents with stroke-like symptoms (vomiting, HA, giggling, urinary incontinence, L leg paresthesias, L body paresis). Found to have 5 areas of acute stroke on MRI, c/w CNS vasculitis. What viruses are associated with CNS vasculitis?

- A. Hepatitis C
- B. CMV
- C. JC virus
- D. VZV
- E. HIV
- F. All of the above
- G. None of the above

3rd case, 14-mo in hospital for 3 weeks with severe hemolytic anemia. MMR/VAR given 1 month prior to admission. New disseminated vesicular rash and encephalopathy. What do you test for?

- A. VZV skin
- B. VZV CSF
- C. Measles/mumps/rubella CSF
- D. Brain biopsy for VZV, measles, mumps, rubella
- E. Throat PCR measles/mumps/rubella
- F. A, B, C, E
- G. All of the above

# Live virus vaccines

- US routine schedule:
  - Varicella (VAR, MMR-V, ZOS)
  - Measles, Mumps, Rubella (MMR, MMR-V)
  - Rotavirus
  - Live-attenuated influenza vaccine (LAIV)
- Won't talk about LAIV b/c there is an alternative inactivated influenza vaccine
- Refer to “Travel” section at end of talk for oral Typhoid and Yellow Fever

# A couple of pearls about live virus vaccines

- Period of replication is usually <2 weeks
- Maternal antibodies can interfere with the immune response in children under 12 mos of age
- Concern for disseminated infection with attenuated virus
  - Well-documented vaccine-type varicella infections and measles post-vaccination in immunocompromised (also polio)

# So, who can get MMR/VAR?

- Pre-immunosuppression:
  - Give at least 4 weeks prior to immunosuppression
  - Children:
    - MMR/VAR: Can give as young as 6 months
    - Ideally 1<sup>st</sup> dose after 12 mos of age
  - Adults:
    - MMR/VAR: With no history of immunity and if can be given  $\geq 4$  weeks prior to immunosuppression
    - Zostavax: Adults  $\geq 50$ yo, with history of immunity and can be given  $\geq 4$  weeks prior to immunosuppression

# Who can get MMR/VAR?, cont'd

- Post-immunosuppression:
  - Minimally-immunosuppressed and no prior immunity
    - VAR/ZOS: On long-term low-level immunosuppression, including post-transplant, chronic inflammatory disorders
- Other immunocompromised
  - HIV with CD4 count  $\geq 200$  or  $\geq 15\%$
  - At least 3 mos after cancer chemotherapy and at least 2 years after BMT (if not still immunosuppressed)

# Who can get MMR/VAR?, cont'd

- More Categories of immunocompromised
  - Primary immune deficiency without defective T-cell mediated immunity
    - » Complement deficiency
    - » Chronic granulomatous deficiency
    - » Cyclic neutropenia
    - » IgA deficiency
    - » Partial DiGeorge: Those with  $\geq 500$  CD3 T cells/mm<sup>3</sup>,  $\geq 200$  CD8 T cells/mm<sup>3</sup>, and normal mitogen response should receive MMR and VAR

# Who can't get MMR/VAR?

- Anyone who will be significantly immunosuppressed within 4 weeks of receipt of the vaccine
- HIV with  $CD4 \leq 200$  or  $\leq 15\%$
- MMR not recommended in people with chronic inflammatory disease on immunosuppression – risk/benefit not there in the US

# Who can't get MMR/VAR/ZOS?

- Primary immunodeficiencies:
  - Major antibody defects (SCID, CVID)
  - Innate defects of cytokine production
  - Leukocyte adhesion deficiency (LAD), Chediak-Higashi
  - Combined immunodeficiencies
  - Defects of IFN-gamma/IL-12, or IFN-alpha
  - Complete DiGeorge and partial DiGeorge who don't meet criteria on prior slide
- Anyone moderately or severely immunosuppressed

# Example: VAR/MMR in liver transplant

- (Japan) 58 subjects, vaccinated pre-transplant then boosted if antibody levels fell below protective level
  - 1 significant AE, occurred during pre-transplant vaccination, allergic reaction with diffuse hives
  - Seroconversion to measles, mumps, rubella, varicella after primary vaccination: 82%, 90%, 100%, 95% respectively
  - Seroconversion after revaccination (for waning immunity): 85%, 100%, 100%, 71%
  - 12 subjects with dz, none w/in 6mos post-transplant, all had low antibody levels: 3 measles, 7 mumps, 5 varicella
  - 9 primary vaccine failures, 4 were age 6-10 mos at time of vaccination

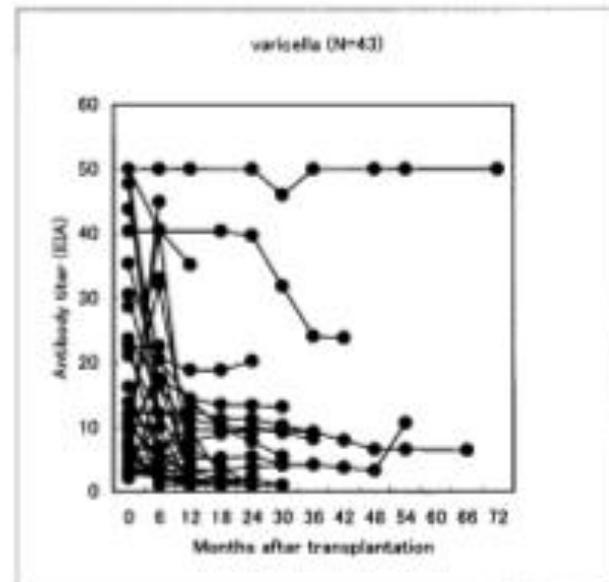
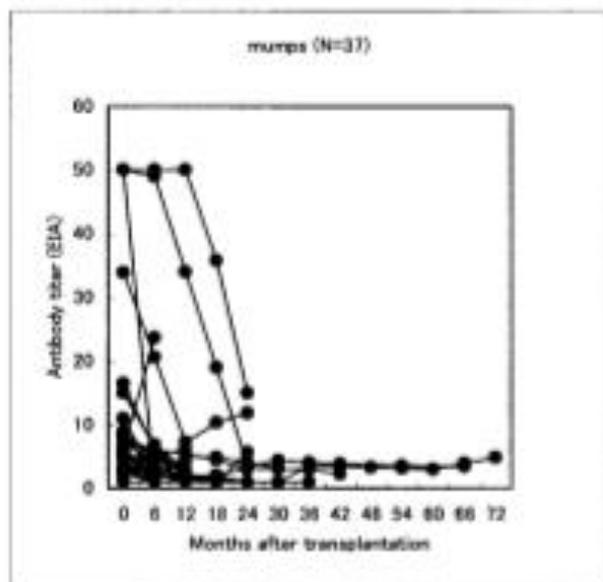
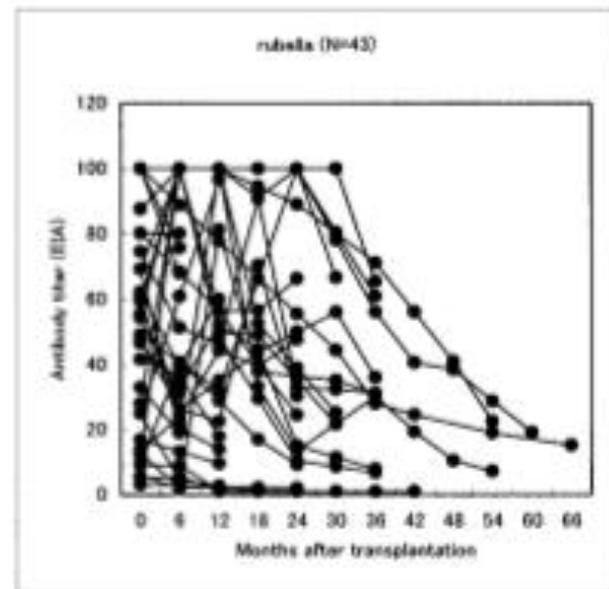
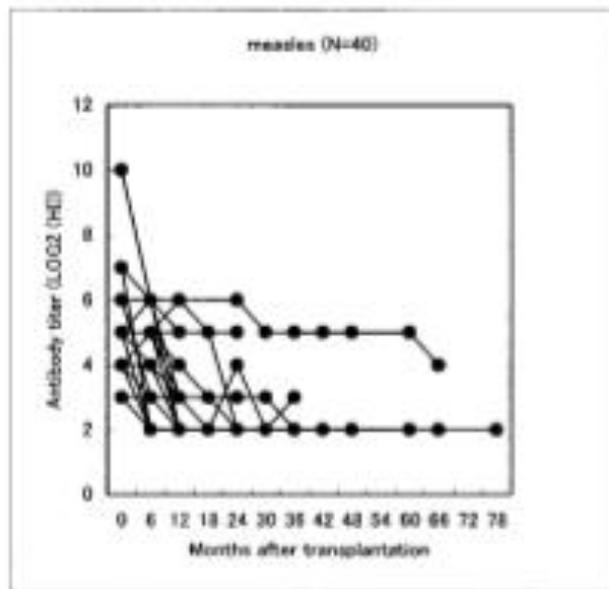


FIGURE 3. The transition of antibody titers against four viruses after transplantation. The posttransplantation follow-up time ranged from 6 to 78 months (median time 30 months). Antibody titers against these viruses exhibited a decreasing trend over extended periods of time. However, antibody titers were relatively retained for 6 months after transplantation.

# Live-virus vaccines in Rheumatology patients receiving biologics

- VERY few studies!
- 5 pts receiving MTX+etanercept, MMR booster, safe and immunogenic (Rheumatology, 2009;48 (2):144-148)
- 17 pts taking infliximab received yellow fever vaccine (during epidemic in Brazil), safe and immunogenic (Arth Care & Res, 2010;62(6):896-898)
- Study of safety and dz exacerbation in JIA
  - 137 pts age 4-9, 68 received MMR booster, 69 no vaccine
  - **Biologics stopped at 5-half lives prior (2wks prior and 1 wk after for etanercept, 2 days prior and 3 days after for anakinra)**
  - 9 pts taking biologics received vaccine
  - Conclusions: safe no worsening of disease
  - (JAMA. 2013;309(23):2449-2456)

You have a 16-yr F who is on Remicade for JIA. She has only received one dose each of VAR and MMR. She is going on a 6-week mission with her church to Ethiopia this summer. What do you do?

- A. Give her both VAR and MMR now
- B. Give her VAR only knowing you can treat with acyclovir if complications arise
- C. Give MMR only knowing you have a treatment if she does get varicella
- D. Check antibodies, vaccinate if negative
- E. Vaccinate with both if rheumatologist and patient say they can hold her medicines for a few weeks before and after
- F. Give IVIG just prior to departure
- G. Send her to travel clinic

You have a 4-yo on steroids for SLE for 1 month. Dose is 20mg PO daily. You don't know whether it will be decreased in the future. There is varicella and measles in the community. What do you do today?

- A. Give both, will probably be fine
- B. Give VAR knowing at least you can give acyclovir for complications
- C. Give neither
- D. Find out steroid plan from rheumatologist
- E. Give a dose of IVIG
- F. Check antibody titers to varicella and measles

# Rotavirus

- Do not give if you know of or suspect an immunodeficiency
  - Could be easy to give before diagnosis of immunodeficiency
  - There are no safety/efficacy studies in immunocompromised children
    - Safe in small numbers of HIV+, more data to come (NEJM, 2010; 362:289-298)
    - NEJM article w/3 SCID babies and persistent + stool (NEJM, 2010; 362:314-319); VAERS report of 9 SCID babies all dx post-vacc, all w/diarrhea, all survived (Vaccine. 2010 Sep 14;28(40):6609-12)
  - CDC states to use judgment b/c severe rotavirus is well-reported in immunodeficient kids
  - At least rotavirus doesn't spread systemically like polio, varicella, or measles; **NO DEATHS OR LONG-TERM EFFECTS ASSOCIATED WITH ROTAVIRUS VACCINES**

**VACCINES INDICATED FOR  
IMMUNOCOMPROMISED:  
PNEUMOCOCCAL AND  
MENINGOCOCCAL VACCINES**

What approx % of Strep pneumo invasive disease is estimated to be caused by the 13 types in PCV13 and the additional 10 types in PPSV23 respectively (CDC data)?

- A. 28%, 47%
- B. 40%, 33%
- C. 55%, 21%
- D. 66%, 18%
- E. None of the above

## 2 Strep pneumo vaccines

- Pneumococcal conjugate (PCV13)
  - Healthy children: age 2, 4, 6, and 12-15 mos
  - Healthy children: age 14-59 months who have only received PCV7
  - Children 24-71 mos with high-risk: 1 dose if have received 3 in past, 2 if received < 3 in past
    - High-risk: chronic heart or lung dz, diabetes, + all in next bullet
  - Children age 6-18 yo with high-risk conditions:
    - Immunocompromising conditions, functional or anatomic asplenia, cochlear implants or CSF leaks
  - Adults age  $\geq 19$  yo with high-risk conditions

## 2 Strep pneumo vaccines

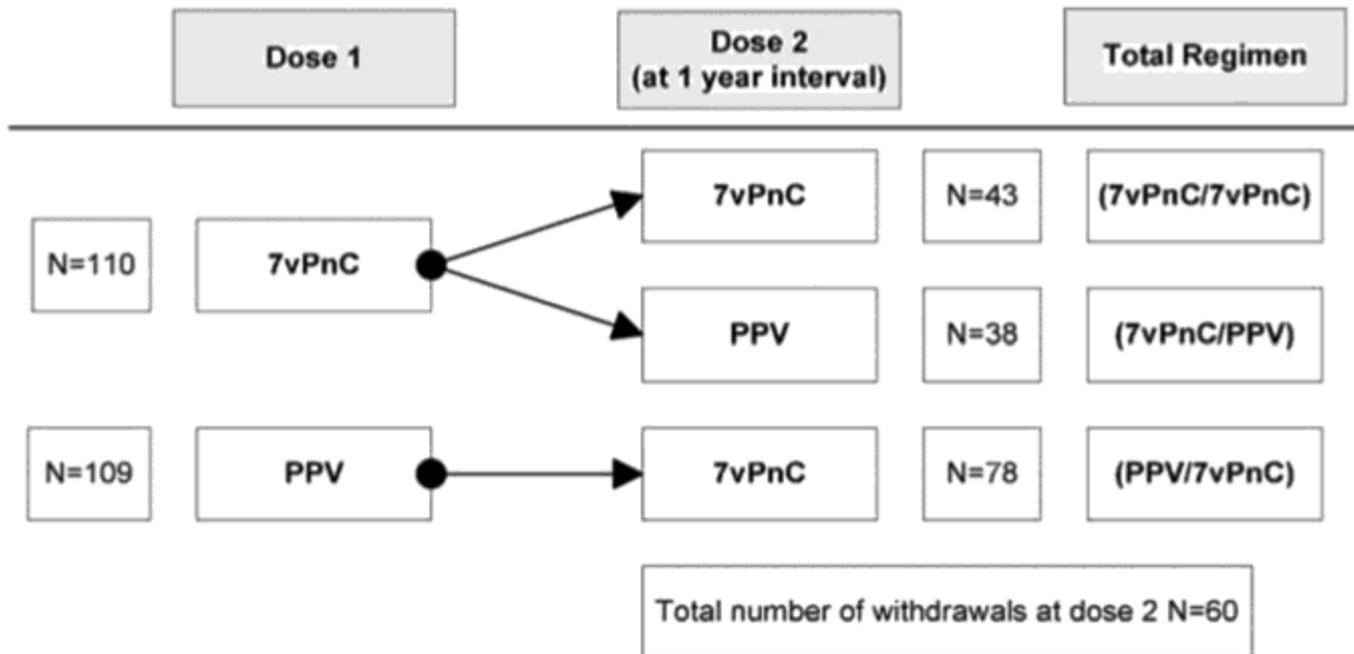
- Pneumococcal polysaccharide (PPSV23)
  - Children with medical conditions (see above for PCV13):
    - administer 1 dose at least 8 weeks after last PCV13
    - 2<sup>nd</sup> dose 5 years after first in children with functional/anatomic asplenia or immunocompromising conditions
  - Healthy adults: all  $\geq 65$  yo
  - Adults  $<65$ yo with medical problems (too many to list, refer to CDC guidelines)

# Pneumococcal vaccines

- Basic schedule for immunocompromised:
  - PCV13: 1 dose
  - PPSV23: 1<sup>st</sup> dose  $\geq$  8 weeks after PCV13 and a second dose 5 years later
    - 1<sup>st</sup> dose at 2 years of age or older
    - Total of 2 lifetime doses (see CDC schedule for indications of 2<sup>nd</sup> dose)
  - If someone has already received PPSV23 and should receive PCV13, dose should be given  $\geq$  8wks after PPSV23 (June 2013 ACIP Guidelines)

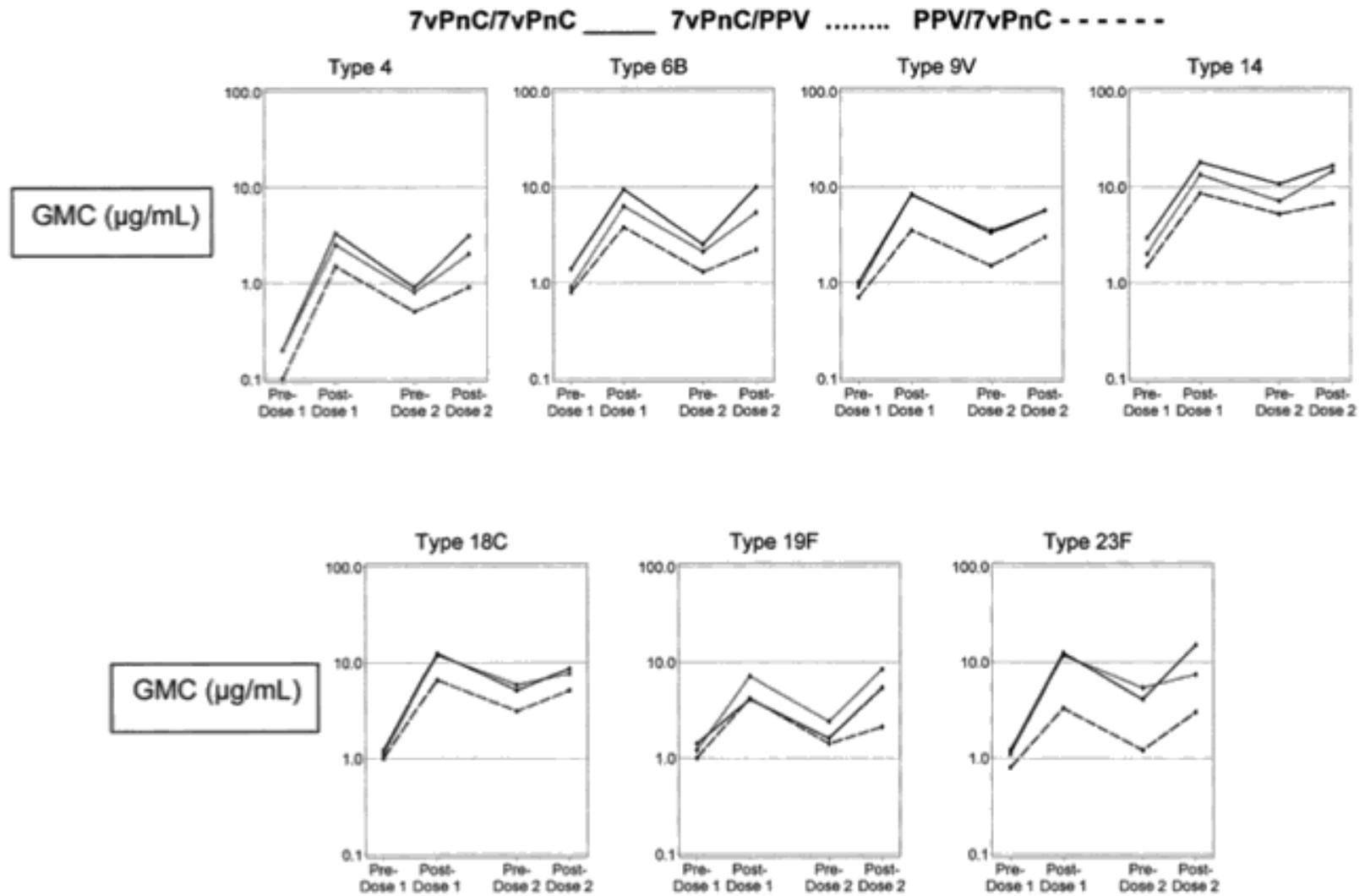
# Why PCV13 first?

Vaccine administration scheme showing the number of subjects, including those who withdrew from the study, in each subgroup. 7vPnC, 7-valent conjugated pneumococcal polysaccharide vaccine; PPV, 23-valent pneumococcal polysaccharide vaccine.



de Roux A et al. Clin Infect Dis. 2008;46:1015-1023

# Antipneumococcal polysaccharide binding antibody responses elicited during the immunization series.



de Roux A et al. Clin Infect Dis. 2008;46:1015-1023

Deficiencies of which of the following complement system proteins have been associated with increased risk of *Neisseria meningitidis* infection?

- A. C1
- B. C3
- C. C4
- D. C5
- E. C8
- F. Properdin
- G. All except C1, C4
- H. All except properdin

# Meningococcal vaccines

- MenHibrix (HiBMenCY):
  - Approved down to 6 weeks of age; 4-dose series at 2, 4, 6, and 12-15 mos
- Menactra (MenACYW-D) :
  - Approved age 9 mos-55 years; Single dose 2-55yrs; 2-dose series 9-23 mos
  - Recommend to NOT give under 2 yrs to avoid interference with PCV13 vaccination
- Menveo (MenACYW-CRM):
  - Approved age 2mos-55 years; 4-dose infant series at 2, 4, 6, 12-15 mos, also a 2-dose series at 7-9 mos up to 23 mos
- Menomune (MPSV4): a polysaccharide vaccine
  - Approved for ≥ 2yo
  - The only one approved for adults over 55, recommended if never received MCV4 in past for high-risk groups

# Meningococcal vaccination

- Routine vaccination of adolescents 11-18 yo
  - Single dose at age 11-12 years, with a booster dose at age 16 years for persons who receive the first dose before age 16 years
- Vaccination of persons aged  $\geq 2$  months at increased risk for meningococcal disease
  - Who is at increased risk?
    - Adolescents, immune disorders, occupational exposures, travel exposures

# Meningococcal vaccination

- Immune “disorders”
  - Anatomical or functional asplenia
  - Complement component deficiency
  - HIV (give 2 doses but not early)
- ❖ Schedule depends on age when start the series

# It's complicated – go to the CDC guidelines, but basically...

Vaccination against meningococcal disease for those with high-risk conditions or at increased risk of disease:

- Anatomic/functional asplenia (including sickle cell disease)
  - If under 19mos: 4 dose infant series of MenHibrix or Menveo at 2, 4, 6, and 12-15 mos
  - If 19-23 mos and not completed primary series of MenHibrix/Menveo: give a 2-dose primary series at least 3 mos apart
  - For children 24+ mos: give a 2-dose primary series of Menactra or Menveo at least 2 mos apart
  - NOTE: Do not give Menactra under 24 mos due to interactions with PCV
- Persistent complement component deficiency:
  - If under 19 mos: 4 dose infant series of MenHibrix or Menveo at 2, 4, 6, and 12-15 mos
  - If 7-23 mos of age, 2 options:
    - Menveo 2-dose series age 7-23 mos, 2<sup>nd</sup> dose after 12mos of age, and at least 3 mos between doses
    - Menactra 9-23 mos of age, a 2-dose series with doses at least 3 mos apart
    - 24 mos or older, give a 2-dose series of Menveo or Menactra at least 2 mos apart

You have a 5mo patient who has received his 2 and 4 mo vaccinations and was just found to be asplenic. What do you?

- A. Give MenHibRix as if he needs a catch-up Hib series
- B. Start 4-dose Menveo (MenACYW-CRM) series now
- C. Give one MenHibRix (HiBMenCY) at 6mos then 3 more doses of MenACYW-CRM
- D. Wait until 9 mos to give Menactra (MCV4-D)

# **DISEASE/CONDITION SPECIFIC VACCINE INFORMATION**

# Primary Immunodeficiencies

- This is a huge, heterogenous group
- Recommendations vary based on type of defect, refer to the IDSA guidelines for specifics. These guidelines have many categories of immunodeficiencies.
- Safe to give inactivated influenza vaccine (efficacy variable)

# Pre-transplant

- Typically check serology for:
  - Hepatitis B, measles, mumps, rubella, varicella
  - Some centers may check Hepatitis A (especially in liver)
- Vaccinate if negative serology
- Catch-up on all recommended vaccines pre-transplant
  - Look at youngest age vaccines are approved for if you need
  - Beware of live-virus vaccines if transplant impending

# Cancer chemotherapy/BMT

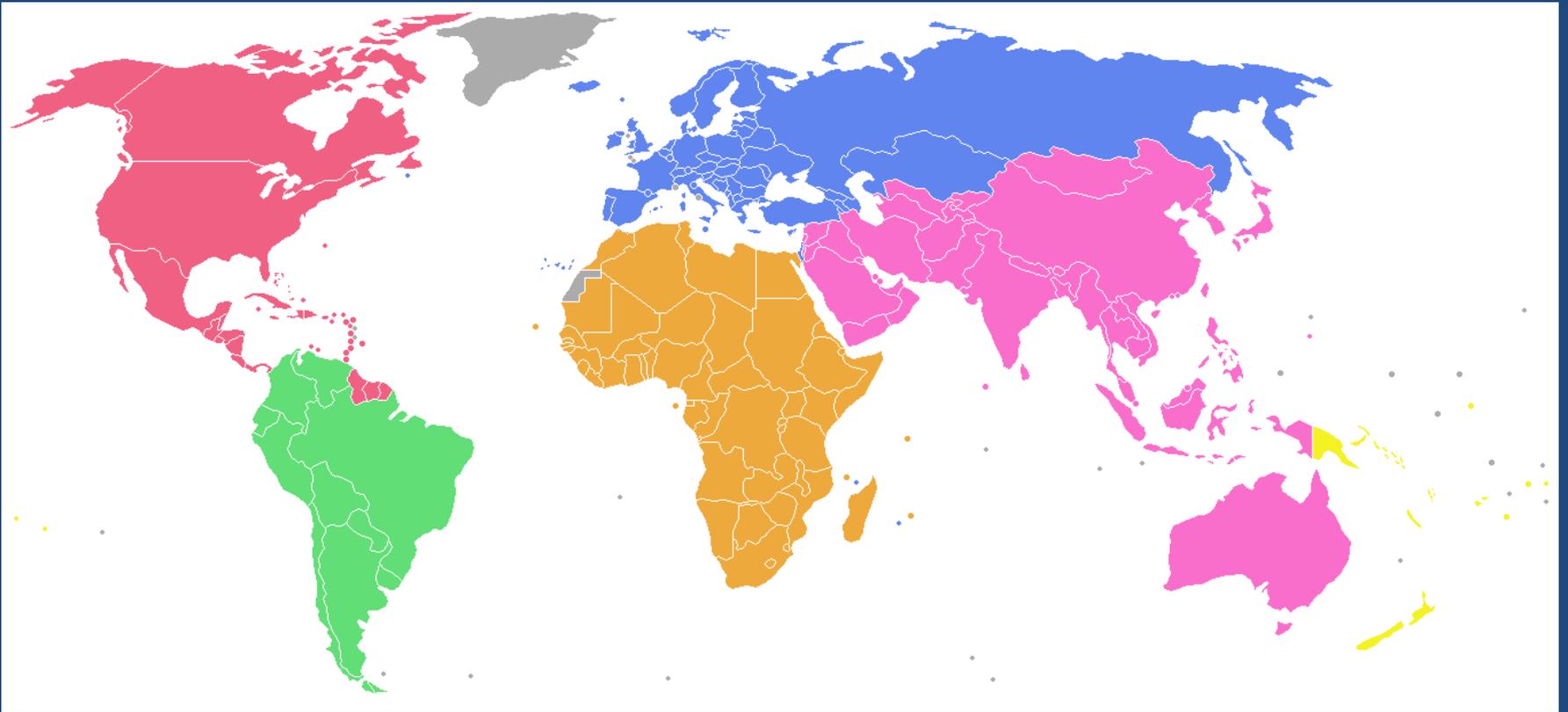
- During cancer treatment, give age-appropriate inactivated vaccines, but do not count them as valid (i.e. revaccinate after treatment is finished)
- Revaccinate according to CDC catch-up schedule unless a protective antibody titer for a specific vaccine is proven
  - Cancer chemo: Can start as early as 3 months after unless received anti-B cell therapy then start at least 6 months after therapy
  - BMT: Variable, based on immunosuppression and GVH
    - Inactivated starting as soon as 6 mos post-BMT
    - Live-virus starting at least 24 mos post-BMT

# Why do asplenic/hyposplenic people have difficulty with encapsulated bacteria?

- A. Marginal zone B cells reside mainly in the spleen
- B. Spleen is necessary to clear antibody-coated bacteria from circulation
- C. 25%+ of WBCs reside in the spleen
- D. A and B
- E. None of the above

# Asplenia

- If you know ahead of time that someone will lose his/her spleen, vaccinate with meningococcal and pneumococcal vaccines
- Groups who could be asplenic (anatomic or functional)
  - Surgical (many reasons)
  - Congenital heart disease including polysplenia
  - Sickle cell disease, Thalassemia major, lymphoproliferative diseases
  - Significant radiation during chemotherapy/BMT
  - Autoimmune diseases: IBD, celiac (functional, not sure this is predictable)



# TRAVEL CONSIDERATIONS

What is the most common cause of fever in the returning traveler where the pathogen is identified?

- A. Dengue
- B. Malaria
- C. Typhoid
- D. Influenza
- E. EBV and other viruses causing mono-like symptoms
- F. Rickettsial disease

Which of the following are infections that can be more severe in people on anti-TNF-alpha medications AND are travel-related?

- A. Endemic fungi  
(histoplasmosis,  
coccidioidomycosis,  
blastomycosis)
- B. Tuberculosis
- C. Hepatitis B
- D. Viral URI
- E. All of the above

# Travel for immunocompromised

- Recommend that they go to a travel clinic
- There are many other considerations, food safety is probably the biggest issue
- But, with regard to vaccines....

# Live Travel Vaccines

- Not Recommended:
  - BCG
- These have Inactivated alternatives:
  - LAIV
  - Japanese encephalitis (not licensed in US anyway)
  - Polio (OPV)
  - Oral Typhoid
- Generally not recommended if immunocompromised, but you should consider risk/benefit ratio in relation to potential exposure and level of immunosuppression. Considered safe in HIV+ with  $CD4 \geq 200$  or  $\geq 15\%$ .
  - MMR
  - Yellow Fever

# Inactivated Travel Vaccines

- No health contraindication, but remember that they may not be as protective and you should educate patients about this
- Depending on destination, type of activity, duration of travel, and host, the following could be considered:
  - Cholera, Tdap, Hep A, Hep B, Influenza, Japanese encephalitis, Meningococcal, Polio (IPV), Rabies, Tick-borne encephalitis, Typhoid (injectable)

# Summary

- Immunocompromised children:
  - Have decreased responses to vaccines
  - Have faster waning immunity to vaccines
- Strep pneumo and meningococcal vaccines have specific indications for high-risk groups
- Live vaccines are contraindicated in many immunocompromised groups, but not all

# On the Horizon....

- Inactivated varicella vaccine (in Phase III)
- CMV vaccine
- Expanded use of:
  - High-dose influenza vaccine, double-dose Hepatitis B, Zostavax
  - Booster doses
  - Live-virus vaccines